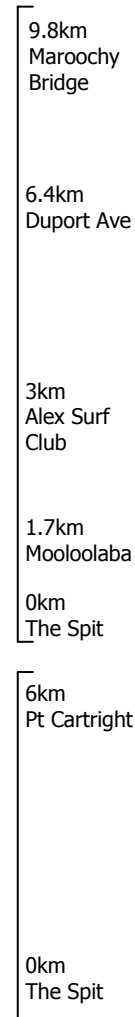


Mooloolaba - Maroochydore



Directions

Starting from the spit wind your way along the bike track through Mooloolaba and up over the headland, before descending safely down towards Maroochydore. Follow the track past the Information Centre and along towards Cotton Tree. Through Cotton Tree onto a 'shared zone' on Duporth Avenue, stay on the right hand footpath turning right at Picnic Pt Esp towards the river and around over bridge and back along the river past Chambers Island. This path now connects the new bike way over the Maroochy River and on to the North Shore. The Spit to Pt Cartwright - go past Mooloolaba Wharf and along footpath on Brisbane Rd, staying on left then over bridge and heading along Nicklin Way along footpath before heading left into Pt Cartwright Drv. Follow onto Pacific Blvd to the Lighthouse.

CYCLING SAFELY

- Always wear a suitably fitted helmet
- Wear bright clothing
- Obey all road rules
- Always keep left and give way to road traffic and Pedestrians
- Dismount bike to cross roads
- Check brakes and wheels regularly
- Avoid riding at times of low visibility



Maroochy River Bike Path

Points of Interest

Fish n' Chips on The Spit - Fresh seafood straight off the trawler
 The Wharf area—Underwater World and so much more
 Cafe Culture - Mooloolaba is spoiled for choice with cafes all directly opposite the beach
 Alex Headland - A great 'break' for the Surfers
 Cotton Tree - Great park and playground for the kids right on the river
 Chambers Island - Another great spot for the kids, or to throw a line in. Spectacular at Sunset/Sunrise
 Surf Clubs—Mooloolaba, Alex and Maroochydore all offer great meals and views for the whole family

